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SPA INTERCONTINENTAL BOSTON LAUNCHES NEW “BAREFOOT EN PROVENCE” TREATMENT DURING NATIONAL HONEY MONTH

New Organic Honey Foot Treatment Fit for a Queen Bee

BOSTON (August 14, 2009) – September is National Honey Month and SPA InterContinental Boston celebrates with a new honey-infused treatment – “Barefoot en Provence” available from September 1, 2009 through April 30, 2010. This new organic foot treatment fit for a “queen bee” combines the natural healing powers of honey with other indigenous Provence (France) ingredients such as soothing lavender straight from the kitchens of InterContinental Boston’s waterfront Miel “Brasserie Provençale” restaurant (“Miel” means “honey” in French).

Treatment with honey is called ‘apitherapy.’ Research has shown that honey is a natural humectant (having the ability to bind water), hence aiding the skin in retaining its moisture. It has also been found that honey has antibacterial and anti-inflammatory properties as well.

Barefoot en Provence - (25 minutes - \$60) – This organic foot treatment begins with a Fleur de Sel (“flower of salt” in French) salt scrub to polish, soften and improve blood circulation in the feet. Next, a pure honey mask is applied which is used for its cleansing and hydrating benefits. The feet are then placed in a lavender crystal mud foot soak. Lavender helps in soothing away stresses and strains. After the feet have been softened and re-energized, the treatment concludes with a lavender moisturizer that is worked into the feet to protect and ensure that the hydrating benefits last all day.

For an additional “buzz”, guests can sip on Miel’s **“Queen Bee” cocktail (\$15)** while enjoying the “Barefoot en Provence” treatment at SPA InterContinental. This “sweet” cocktail consists of Grey Goose Pear Vodka, St. Germain Liqueur, honey and lemon with a honey crusted rim. Or, for a non-alcoholic alternative, guests can choose a **“Honey Drop Smoothie” (\$11)** with honey, mango, passion fruit, strawberry, low-fat yogurt and milk.

SPA InterContinental is located in the InterContinental Boston (at 510 Atlantic Ave.) on the second level overlooking the new Rose Kennedy Greenway. Encompassing 6,600 total square feet, SPA InterContinental also offers a 24-hour health club with state-of-the-art weight and cardio training equipment along with a 45-foot heated indoor lap pool. In addition to the new “Barefoot en Provence” treatment, SPA InterContinental offers an extensive collection of healing spa services including massage therapy, body treatments, waxings and facial care. For more information on health club memberships or to book treatments, contact SPA InterContinental at 617-217-5090 or visit <http://www.intercontinentalboston.com>.

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About Miel "Brasserie Provençale"

Miel "Brasserie Provençale" is a AAA Four Diamond-rated restaurant located in the InterContinental Boston at 510 Atlantic Ave. Miel celebrates the organic wonders of Provence highlighting the area's indigenous products such as its aromatic herbs (de Provence), lavender, honey and olive oil. Nearly all dishes at Miel are created with heart-healthy olive oils. InterContinental Boston has formed a culinary partnership with world renowned two-star Michelin-rated Chef Jacques Chibois, owner and operator of "La Bastide Saint Antoine," a Relais & Châteaux hotel and restaurant in Grasse, France, to serve as the ambassador chef to continuously bring a creative and authentic Provence influence to Miel. For reservations, contact 617-217-5151 or via www.opentable.com.

About the InterContinental Boston

InterContinental Boston, which opened in November 2006, is located on Boston's historic waterfront in the heart of the city's financial district and just ten minutes from Logan International Airport. This AAA Four Diamond luxury 424-room hotel is the first InterContinental hotel in Boston (and New England) and offers a spa and health club with indoor pool, signature restaurant – Miel "Brasserie Provençale", a Provence inspired brasserie; *Sushi-Teq*, a sushi and tequila bar with salsa dancing and *RumBa*, a rum and champagne bar. The hotel also offers 32,000 sq. ft. of meeting/function space, including the largest ballroom in downtown Boston. InterContinental Boston has been named one of ten "Best New Business Hotels of 2006" by *Forbes.com*, voted Best of Boston 2007 as "Best New Hotel" by *Boston Magazine* and was voted among the "2008 Best Business Hotels" in the world by *Fortune* and *Wallpaper* magazines. For more information on the hotel, visit www.intercontinentalboston.com and for reservations call 877-747-BOSTON.

Note to editors: SPA InterContinental is spelled with capital "SPA" and capital "C" in InterContinental.

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