

## ✓ CEREALS AND FRUITS

### House Made Honey-Roasted Granola Parfait

Raspberries, Peaches, Low Fat Greek Yogurt, Honey, Roasted Granola, Almond, Pecan, Sunflower and Pumpkin Seeds 14

### Bircher Muesli

Oats, Wheats, Strawberries, Blueberry, Apricot, Cranberry, Grapes, Sunflower Seeds, Coconut Milk, Honey Roasted Almond, Organic Natural Yogurt 16

### Watermelon, Ricotta Salad

Arugula, Mache, Pistachios, Heirloom Tomatoes, Balsamic Vinaigrette 16

### Fruit Salad

Watermelon, Raspberries, Strawberries, Blueberries, Pineapple 16

## ✓ BREAKFAST FAVORITES

### Baked Blueberry French Toast

Cinnamon Sugar, Granola, Maple Syrup 17

### Lemon Ricotta Pancake

Cinnamon Caramelized Apple, Cherries 17

### Boston Cream Pie Waffles

Pastry Cream, Chocolate Sauce 17

### Crêpes au Chocolat

Nutella, Peach, Banana 16

## EGGS

### Kale Caesar Salad

Poached Egg, Andouille Sausage, Brioche Toast 17

### Eggs Benedict\*

Poached White Mountain Organic Eggs, Kale, Shallots, Hollandaise Sauce 16

With Canadian Bacon

With Crab Cake 20

### Create Your Own White Mountain Three Egg Omelette\*

Choice of Peppers, Mushrooms, Tomatoes, Asparagus, Cheddar Cheese 14

### Maine Lobster Spanish Tortilla

Asparagus, Spinach, Potatoes, Caramelized Onions, Mixed Greens 21

### Crêpe Croque Madame

One Egg Sunny Side-Up Egg, Segovia Ham, Vermont Cheddar Cheese, Red Mustard Green Salad, Dijon Mustard Vinaigrette 17

## LUNCH FAVORITES

### Trilogy

Salmon Tartar, Tuna Croque Monsieur, Beef Slider 26

### Lobster Macaroni and Cheese

Penette Pasta, American Cheese, Goat Cheese, Cheddar Cheese 22

### Grilled Flat Bread

Tomato, Ricotta Cheese, Goat Cheese, Figs, Truffle Oil, Olives, Pine Nut, Pesto 17

## ✓ Steamed Pull Pork Bun

Red Mustard Frisée, Sesame Vinaigrette, Truffle Fries 18

### Beef Burger \*

Vermont Cheddar, Kale Caesar Salad, Sundried Tomato Aioli, Truffles Fries 19

## FROM THE GRILL

Served with your choice of Kale Caesar, Mixed Green or Truffles Fries

Grilled Atlantic Salmon Kebab 19

Grilled Tuna Steak 6oz 21

Grilled Honey Shrimp 26

Grilled Slowly Cook Pork Belly 19

Spring Farm Natural Chicken Breast Kebab 19

Grilled Brandt Bavette Steak 21

## SIDE DISHES 7

Kale Caesar Salad

Red Mustard Frisée Mix, Dijon Mustard Vinaigrette

Tempura Haricot Verts

Honey Cinnamon Roasted Sweet Potatoes

Truffle Fries

Feta Cheese Sweet Potato Fries

## COLD PRESSED JUICES

Zest: Watermelon, Honeydew, Blueberry, Lime, Pineapple 9

Antioxidant: Apple, Lime, Strawberry, Coconut Water 9

Revitalize: Carrot, Apple, Tomato, Lemon, Ginger 9

## CHILLED JUICES 6

Orange / Cranberry / V8 / Grapefruit / Tomato / Apple Pineapple / Pomegrate

## HOT BEVERAGES

Cappuccino 6

Double Espresso 6

Latte 6

Regular/Decaff Coffee 5

Hot Tea 5

Before placing your order, please inform your server if a person in your party has a food allergy.